



At Rubio's, it is important that we serve safe food and ensure that guests are aware that some menu items contain common allergens listed below. Before placing your order, please inform a manager if a person in your party has a food allergy. At Rubio's, there is no MSG added to any of our menu items.

Many Rubio's food items contain highly refined soybean oil but are not listed as a soy allergen on the Rubio's allergen guide. Highly refined soybean oil contains virtually no soy protein, and the Food & Drug Administration has exempted all highly refined soybean oil from being labeled as an allergen. Individuals with soy allergies should always follow their doctor's advisement on foods to avoid.

Due to potential cross-contact when preparing menu items, it is not possible for Rubio's to guarantee meals completely free of any particular allergen or ingredient. The following products are cooked in canola oil in a shared fryer: Beer-Battered Wild Alaska Pollock, Tortilla Chips, Tortilla Strips, Churros, Mexican Rice, Citrus Rice, Chicken Bites and Chicken Taquitos. In addition, most desserts are produced on equipment that also processes peanuts and tree nuts and there may be cross-contact.

Visit www.rubios.com to view additional information.

Allergen Chart

	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat
FEATURED CATCH								
TACOS								
Langostino Lobster Taco (on a flour tortilla)	X				X	X		X
Grilled Gourmet Taco™ with All Natural Steak (on a stone-ground corn tortilla)	X		X		X	X		X
TWO TACO PLATES Served with pinto beans and tortilla chips.								
Langostino Lobster Two Taco Plate	X		X		X	X		X
Surf & Turf Two Taco Plate (One Langostino Lobster Taco & Grilled Gourmet Taco with All Natural Steak) One	X		X		X	X		X
BURRITOS Served on a flour tortilla with a side of tortilla chips								
Langostino Lobster Burrito	X		X		X	X		X
Surf & Turf Burrito	X		X		X	X		X
BOWLS & SOUP								
Ahi Poke Bowl	X	X	X			X		
Ahi Poke Bowl (Double Ahi Poke)	X	X	X			X		
Chicken Tortilla Soup (no tortillas)			X					
Chicken Tortilla Soup with two flour tortillas			X			X		X
Chicken Tortilla Soup with two corn tortillas			X					
THE ORIGINAL FISH TACO®								
<i>TACOS Served on a stone-ground corn tortilla.</i>								
The Original Fish Taco®	X	X	X					X
Fish Taco Especial	X	X	X					X
TWO TACO PLATES Served with pinto beans and tortilla chips on stone-ground corn tortillas.								
Two Original Fish Taco® Plate	X	X	X					X
Two Fish Taco Especial Plate	X	X	X					X
GRILLED SEAFOOD TACOS & BURRITOS								
<i>TACOS Served on a stone-ground corn tortilla (unless noted).</i>								
Grilled Wild Alaska Coho Salmon Taco	X	X	X					
Blackened Wild Alaska Coho Salmon Taco	X	X	X					
Grilled Wild Ono Taco	X	X	X					
Blackened Wild Ono Taco	X	X	X					
Grilled Mango Wild Ono Taco Served on a flour tortilla	X	X	X			X		X
Blackened Mango Wild Ono Taco Served on a flour tortilla	X	X	X			X		X
Grilled Gourmet Taco™ with Shrimp	X		X		X			
Salsa Verde Shrimp Taco Served on flour tortillas	X		X		X	X		X
The Coastal Trio® The Original Fish Taco®, Salsa Verde Shrimp Taco, Grilled Wild Ono Taco	X	X	X		X	X		X
TWO TACO PLATES Served with pinto beans and tortilla chips on stone-ground corn tortillas (unless noted).								
Two Grilled Wild Alaska Coho Salmon Taco Plate	X	X	X					
Two Blackened Wild Alaska Coho Salmon Taco Plate	X	X	X					
Two Grilled Wild Ono Taco Plate	X	X	X					
Two Blackened Wild Ono Taco Plate	X	X	X					
Two Grilled Mango Wild Ono Taco Plate Served on flour tortillas	X	X	X			X		X
Two Blackened Mango Wild Ono Taco Plate Served on flour tortillas	X	X	X			X		X
Two Grilled Gourmet Taco™ Plate with Shrimp	X		X		X			
Two Salsa Verde Shrimp Taco Plate Served on flour tortillas	X		X		X	X		X
SEAFOOD BURRITOS Served on a flour tortilla with a side of tortilla chips.								
Grilled Wild Alaska Coho Salmon Burrito	X	X	X			X		X
Blackened Wild Alaska Coho Salmon Burrito	X	X	X			X		X
Classic Grilled Shrimp Burrito	X		X		X	X		X
Ancho Citrus Shrimp Burrito	X		X		X	X		X
Shrimp & Bacon Burrito	X		X		X	X		X
Grilled Wild Ono Burrito	X	X	X			X		X
Blackened Wild Ono Burrito	X	X	X			X		X
Signature Beer-Battered Fish Burrito	X	X	X			X		X
Cabo Plate A Classic Grilled Shrimp Burrito & The Original Fish Taco® (includes tortilla chips & "no-fried" pinto beans)	X	X	X		X	X		X
SALADS & BOWLS								
SALADS & BOWLS Includes dressing								
Mango Avocado Salad								
Chipotle Orange Salad	X		X					
Balsamic & Roasted Veggie Salad								
Chopped Salad	X		X					
California Bowl with Roasted Chipotle Salsa	X		X					
California Bowl with Salsa Verde	X		X					
Cilantro Lime Quinoa Bowl (w/almonds)							X	
Add Grilled Wild Alaska Coho Salmon		X						
Add Blackened Wild Alaska Coho Salmon		X						
Add Grilled All Natural Chicken								
Add Pan-Seared Shrimp					X			
Add Grilled Wild Ono		X						

<i>Add Blackened Wild Ono</i>		x						
<i>Add Grilled Veggies</i>								
DRESSING (2 oz.)								
Lemon Agave Balsamic								
Chipotle Orange Vinaigrette								
Chipotle Ranch Dressing	x		x					



ITEM	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat
QUESADILLAS & NACHOS								
Cheese Quesadilla with chips			x			x		x
Chicken Quesadilla with chips			x			x		x
Cheese Nachos			x					
Nachos with All Natural Chicken			x					
ALL NATURAL CHICKEN AND STEAK TACOS & BURRITOS - Our chicken is all natural and raised without antibiotics -								
TACOS Served on a stone-ground corn tortilla.								
Grilled Gourmet Taco™ with All Natural Chicken	x		x					
Grilled Gourmet Taco™ with All Natural Steak	x		x					
Classic Taco with All Natural Chicken	x		x					
Classic Taco with All Natural Steak	x		x					
Rubio's Street Taco® with All Natural Chicken								
Rubio's Street Taco® with All Natural Steak								
TWO TACO PLATES Served with pinto beans and tortilla chips on stone-ground corn tortillas.								
Two Grilled Gourmet Taco™ Plate with All Natural Chicken	x		x					
Two Grilled Gourmet Taco™ Plate with All Natural Steak	x		x					
Two Classic Taco Plate with All Natural Chicken	x		x					
Two Classic Taco Plate with All Natural Steak	x		x					
THREE TACO PLATES Served with pinto beans and tortilla chips on stone-ground corn tortillas.								
Three Rubio's Street Tacos® with All Natural Chicken			x					
Three Rubio's Street Tacos® with All Natural Steak			x					
BURRITOS Served on a flour tortilla with a side of tortilla chips.								
Burrito Especial with All Natural Chicken	x		x			x		x
Burrito Especial with All Natural Steak	x		x			x		x
Baja Grill Burrito® with All Natural Chicken			x			x		x
Baja Grill Burrito® with All Natural Steak			x			x		x
GRILLED VEGGIES								
Grilled Gourmet Taco™ with Veggies	x		x					
Two Grilled Gourmet Taco™ Plate with Veggies								
<i>Served with pinto beans & tortilla chips</i>	x		x					
Burrito Especial with Veggies <i>Served with tortilla chips</i>	x		x			x		x
Bean & Cheese Burrito <i>Served with tortilla chips</i>			x			x		x
Veggie Quesadilla <i>Served with tortilla chips.</i>			x			x		x
DESSERTS								
Cinnamon Churro	x		x			x		x
Chocolate Chip Oatmeal Cookie	x		x			x		x
Snickerdoodle Cookie	x		x			x		x
Carmel Ganache Brownie	x		x			x		x
Limon Coconut Bar	x		x				x	x
SIDES								
Chips & Guacamole								
Tortilla Chips, regular								
Tortilla Chips, large								
"No-Fried" Pinto Beans™, regular			x					
"No-Fried" Pinto Beans™, large			x					
Black Beans, regular			x					
Black Beans, large			x					
Citrus Rice, regular								
Citrus Rice, large								
Mexican Rice, regular								
Mexican Rice, large								
Guacamole								
Sour Cream			x					
KIDS Add any two kid's sides for total nutrition information. Our Chicken is all natural & raised without antibiotics. Excludes Drinks.								
The Original Fish Taco®	x	x	x					x
Bean & Cheese Burrito			x			x		x
Cheese Quesadilla			x			x		x
Chicken Quesadilla			x			x		x
Chicken Taquitos			x					
Chicken Bites								
Chicken Taco			x					
Add "No-Fried" Pinto Beans™			x					
Add black beans			x					
Add chips								
Add mexican rice								
Add citrus rice								
Add Mott's® applesauce								
Add churro	x		x			x		x

