

RUBIO'S INGREDIENT STATEMENTS

At Rubio's, it is important that our guests are aware of the common allergens present in our Food. Complete ingredient statements and associated allergens for all our food products are listed below.

Due to the potential for cross-contact between allergen containing ingredients when preparing menu items, it is not possible for Rubio's to guarantee any meal completely free of the listed allergens and food products.

Gluten facts: Some people have mild to severe sensitivity or allergic reactions to gluten; and, others have a severe intolerance to gluten due to an autoimmune disease called celiac disease. Gluten is a naturally occurring protein compound that is found in the following grains: wheat, rye, barely, crossbred hybrids (of wheat, rye and barley) and possibly oats. Also note our chicken and steak marinades contain soy sauce. Wheat is a component of the soy sauce fermentation process and may contain small traces of gluten.

COLOR GUIDE TO ALLERGENS:

MILK/WHEY

EGG

PEANUT

TREE NUT

FISH

SHELLFISH

SOY

WHEAT & GLUTEN

Seafood

- **Fish, Beer-Battered:** Alaska **Pollock**, Enriched Bleached **Wheat** Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Beer (Water, Malt, Corn, Hops, Yeast), Cottonseed and/or **Soybean** Oil, Water, **Wheat** Flour, Contains Less Than 2 % of the following: Yellow Corn Flour, Cornstarch, Seasoning (Salt, Garlic Powder, Spices, Mustard Seed), Corn Dextrin, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), **Wheat** **Gluten**, Natural Flavor (Maltodextrin, Modified Food Starch, Corn Syrup, Caramel Color, Barley Malt), Butter **milk**, **Lactose**, **Whey**, Nonfat **Milk**, Extractives of Annatto and Paprika
- **Ono, Blackened:** **Ono**, Blackened Seasoning (Spices, Paprika, Salt, Garlic Powder, Onion Powder, Paprika Extract, Less Than 2% Partially Hydrogenated **Soybean** Oil and Silicon Dioxide as Processing Aids)
- **Ono, Grilled:** **Ono** and Marinade (Water, Canola Oil, Lime Juice, Seasoning Mix (Salt, Dehydrate Garlic and Onion, Autolyzed Yeast Extract, Spices, Citric Acid, Disodium Inosinate)
- **Salmon, Chile-Lime Wild:** Wild Keta **Salmon**, Chile Lime Marinade (Water, Tomato Paste, Honey, Canola Oil, Molasses, Lime Juice Concentrate, Chili Garlic Sauce (Salted Chili Pepper, Garlic, Water, Sugar, Rice Vinegar, Modified Corn Starch, Acetic Acid), Chipotle Peppers, Salt, De Arbol Peppers, Contains 2% or less of: Garlic Powder, Onion Powder, Spice, Natural Honey Flavor)

- **Shrimp, Beer-Battered:** Shrimp (Shrimp, Salt), Batter (Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Beer (Water, Malt, Corn, Hops, Yeast), Cottonseed and/or Soybean Oil, Water, Wheat Flour, Contains Less Than 2 % of the following: Yellow Corn Flour, Cornstarch, Seasoning (Salt, Garlic Powder, Spices, Mustard Seed), Corn Dextrin, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Wheat Gluten, Natural Flavor (Maltodextrin, Modified Food Starch, Corn Syrup, Caramel Color, Barley Malt), Buttermilk, Lactose, Whey, Nonfat Milk, Extractives of Annatto and Paprika)
- **Shrimp, Gourmet:** 31-35 Butterflied Shrimp, Dried Red Chile Flakes, Garlic Salt (Salt, Garlic and 2% Calcium stearate as an anti-caking agent), Minced Garlic, and Golden Award (Low Linolenic Soybean oil, Partially Hydrogenated Soybean Oil, Salt, Soybean Lecithin, Natural And Artificial Butter Flavor With TBHQ And Citric Acid Added, Colored With Beta Carotene, Vitamin A Palmitate Added)
- **Shrimp, Mesquite:** Shrimp (Shrimp, Salt), Minced Garlic, Salt, Mesquite Grilled Seasoning (Salt, Modified Corn Starch, Maltodextrin, Iodized Salt, Sugar, Hydrolyzed (Soy, Corn, Wheat) Proteins, Spice, Natural and Artificial flavors, Natural Smoke Flavor, Onion Powder, Corn Syrup Solids, Garlic Powder, Milk Fat, Citric Acid, Disodium Inosinate, Disodium Guanylate, and Less than 2% Silicon Dioxide as a processing aid)

Meat

- **Bacon:** Bacon, Cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrate. May also contain Potassium Chloride, Dextrose, Smoke Flavoring, Sodium Phosphates, Potassium Lactate, Sodium Diacetate, and Flavoring
- **Carnitas:** Containing up to 14% of a solution of Water, Orange Juice Concentrate, Salt, Coca-Cola® Syrup (High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine), Flavoring, Sodium Phosphates, Hydrolyzed Whey Protein, Soy Lecithin, Dehydrated Guajillo Chiles, Spices, Xanthan Gum, and Caramel Color
- **Chicken Bites:** Chicken Breast, Water, Salt, Isolated Soy Protein with less than 2% Lecithin and Sodium Phosphates, Breaded and Battered with: Bleached Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Modified Corn Starch, Salt, Yellow Corn Flour, Spices, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), and Flavor (Maltodextrin, Autolyzed Yeast Extract, Flavor, Hydrolyzed Corn Gluten, Soy bean Oil, Dried Garlic, Dried Onion, Silicon Dioxide (anti-caking agent). Predusted with: Enriched Wheat Flour, Wheat Gluten, Egg Whites, and Salt. Breeding set in Vegetable Oil. Cooked in Canola Oil (Made from Canola oil, TBHQ and Citric Acid Added to Help Protect Flavor. Dimethylpolysiloxane, an Antifoaming Agent Added)
- **Chicken, Grilled:** Boneless Skinless Chicken Breast With Rib Meat, Binders Added: Containing up to 22% of a Solution of Water, Chicken Seasoning (Salt, Sugar, Autolyzed Yeast Extract, Hydrolyzed Soy Protein, Maltodextrin, Spices, Garlic Powder, Soy Sauce [Wheat, Soybeans, Salt], Mustard Seed, Pork Gelatin, Partially Hydrogenated Soybean Oil, Modified Corn Starch, Onion Powder, Corn Syrup Solids, Citric Acid, Natural And Artificial Flavors (contains dairy), Paprika and Annatto Extracts (Color), Modified Food Starch, Sodium Phosphates, Whey Protein Concentrate). Contains: Wheat, Soy, and Dairy

- **Chicken Taquitos:** Corn Flour (Corn, Lime, Cellulose Gum), Water. Filling (White chicken, Salt), Chicken Thigh Meat, Vegetable Base (Vegetables and Concentrated Vegetables (Carrots, Celery, Onion, Tomato), Salt, Autolyzed Yeast Paste, Cane Sugar, Soy Sauce (Water, Soybean, Salt, Alcohol], Maltodextrin, Natural Flavor, Potato Starch, Autolyzed Yeast Extract, Dried Onion, Dried Garlic, Spice), Chicken Base (Chicken Meat and Natural Juices, Salt, Cane Sugar, Maltodextrin, Natural Flavor, Dried Onion, Potato Starch, Dried Garlic, Turmeric, Spice Extractives), Modified Food Starch, Salt, Onion Powder, Lime Juice Concentrate, Garlic Powder, Red Pepper, Water, Wheat flour.
- **Steak, Grilled:** Beef, Contains up to 25% of: Water, Salt, Rice Starch, Spices, Dried Garlic, Brown Sugar, Potassium Chloride, Dried Soy Sauce (Wheat, Soybeans, Salt), Dried Onion, Maltodextrin, Torula Yeast, Citric Acid, Tomato Powder, Dried Cilantro, Natural Flavor

Dressing, Salsa & Sauce

- **Dressing, Light Balsamic Vinaigrette :** Water, Balsamic Vinegar, Sugar, Distilled Vinegar, Soybean Oil, Extra Virgin Olive Oil, Salt, Spices, Dehydrated Garlic, Lemon Juice Concentrate, Xanthan Gum, Oleoresin Rosemary
- **Sauce, Chipotle Picante:** Soybean Oil, Water, Buttermilk (Cultured Pasteurized Skim Milk And Milk, Sodium Citrate And Salt), Whole Eggs, Corn Syrup, Distilled Vinegar, Contains Less Than 2% Of Butter Solids, Salt, Mustard Bran, Artificial Color (Titanium Dioxide), Potassium Sorbate And Sodium Benzoate (Preservative), Glucono Delta Lactone, Phosphoric Acid, Xanthan Gum, Natural Flavor, Calcium Disodium EDTA Added To Protect Flavor, Chipotle Seasoning (Corn Maltodextrin, Spices, Tomato Powder, Natural Flavors, Salt, Corn Syrup, Onion Powder, Fermented Whey Solids, Calcium Lactate, Modified Corn Starch, Garlic Powder, Acetic Acid, Less Than 2% Each Sunflower Oil, and Silicon Dioxide as Processing Aids Contains: Milk)
- **Dressing, Chipotle Ranch:** Soybean Oil, Water, Buttermilk (Cultured Pasteurized Skim Milk And Milk, Sodium Citrate And Salt), Whole Eggs, Corn Syrup, Distilled Vinegar, Contains Less Than 2% Of Butter Solids, Salt, Mustard Bran, Artificial Color (Titanium Dioxide), Potassium Sorbate And Sodium Benzoate (Preservative), Glucono Delta Lactone, Phosphoric Acid, Xanthan Gum, Natural Flavor, Calcium Disodium EDTA Added To Protect Flavor, Chipotle Ranch Seasoning (Corn Maltodextrin, Salt, Garlic Powder, Spices, Onion Powder, Modified Corn Starch, Natural Flavors, Fermented Whey Solids, Coconut Oil, Autolyzed Yeast Extract, Corn Syrup Solids, Disodium Inosinate, Disodium Guanylate, Artificial Flavors. Contains: Milk)
- **Dressing, Creamy Wasabi:** Soybean Oil, Water, Buttermilk (Cultured Pasteurized Skim Milk And Milk, Sodium Citrate And Salt), Whole Eggs, Corn Syrup, Distilled Vinegar, Contains Less Than 2% Of Butter Solids, Salt, Mustard Bran, Artificial Color (Titanium Dioxide), Potassium Sorbate and Sodium Benzoate (Preservative), Glucono Delta Lactone, Phosphoric Acid, Xanthan Gum, Natural Flavor, Calcium Disodium EDTA Added To Protect Flavor. Horseradish, Mustard, Corn Starch, Ascorbic Acid, Artificial Color
- **Salsa, Fresca:** Tomatoes, Onions, Cilantro, Jalapenos, and Salt
- **Salsa, Habanero:** Tomatoes, Water, Roasted Tomatoes, Onions, Roasted Garlic, Tomato Paste, Orange Juice, Salt, Habanero Peppers and Spices

- **Salsa, Mild:** Tomato Sauce (Tomato Concentrate Made From Red Ripe Tomatoes, Salt Citric Acid, Red Bell Pepper Powder, Natural Flavoring, Spice and Salt), Onions, Cilantro, Jalapenos, Serranos
- **Salsa, Picante:** Tomato Sauce (Tomato Concentrate Made From Red Ripe Tomatoes, Salt, Citric Acid, Red Bell Pepper Powder, Natural Flavoring, and Spice), Crushed Chile Peppers, Water, Canola Oil, and Salt
- **Salsa, Roasted Chipotle:** Tomato (tomato, calcium chloride, citric acid), Carrot, Onion, Chipotle (water, chipotle), Salt, Garlic, Jalapeno, Lime Juice Concentrate, Red Chile, Natural Flavor
- **Salsa, Tomatillo:** Tomatillos (Tomatillo, Water, Modified Food Starch and Citric Acid), Jalapenos, Cilantro, Onions, Water and Garlic Salt (Salt, Garlic and 2% Calcium Stearate as an anti-caking agent)
- **Salsa, Verde:** Tomatillo, Cilantro, Poblano, Garlic, Water, Serrano Pepper, Brown Sugar, Kosher Salt, Basil, Canola Oil, Tarragon
- **Sauce, Chipotle White:** Soybean Oil, Water, Butter milk (Cultured Pasteurized Skim Milk And Milk, Sodium Citrate And Salt), Whole Eggs, Corn Syrup, Distilled Vinegar, Contains Less Than 2% Of Butter Solids, Salt, Mustard Bran, Artificial Color (Titanium Dioxide), Potassium Sorbate And Sodium Benzoate (Preservative), Glucono Delta Lactone, Phosphoric Acid, Xanthan Gum, Natural Flavor, Calcium Disodium EDTA Added To Protect Flavor, Chipotle Seasoning (Corn Maltodextrin, Spices, Tomato Powder, Natural Flavors, Salt, Corn Syrup, Onion Powder, Fermented Whey Solids, Calcium Lactate, Modified Corn Starch, Garlic Powder, Acetic Acid, Less Than 2% Each Sunflower Oil, and Silicon Dioxide as Processing Aids. Contains: Milk)
- **Sauce, Smoky Red Chile:** Chipotle Puree (Water, Chipotle Jalapeno, Tomato Paste, Vinegar, Salt, Spices, Onion Powder, Garlic Powder), Water, Sugar, Vegetable Oil (Canola/Olive Oils), Ancho Chile Paste (Ancho Chiles, Water), Red Jalapeno Puree (Red Jalapeno Peppers, Salt, Acetic Acid), Guajillo Chile Paste (Guajillo Chiles, Water), Brown Sugar, Vinegar, Salt, Lime Juice Concentrate, Contains 2% or less of: Garlic and Onion Powder, Sodium Benzoate and Potassium Sorbate (As Preservatives)
- **Sauce, Soy:** Corn Syrup, Soy Sauce (Water, Wheat, Soy beans, Salt, Alcohol, Vinegar), Sugar, Ginger. Contains less than 2% of Chili Peppers, Natural Flavor, Garlic, Dehydrated Garlic, Lime Juice Concentrate, Potassium Sorbate & Sodium Benzoate, Rice Vinegar, Salt, Sesame Seed, Tahini Paste, Distilled Vinegar, Water, Yeast Extract, Salt
- **Sauce, White:** Soybean Oil, Water, Butter milk (Cultured Pasteurized Skim Milk And Milk, Sodium Citrate And Salt), Whole Eggs, Corn Syrup, Distilled Vinegar, Contains Less Than 2% Of Butter Solids, Salt, Mustard Bran, Artificial Color (Titanium Dioxide), Potassium Sorbate and Sodium Benzoate (Preservative), Glucono Delta Lactone, Phosphoric Acid, Xanthan Gum, Natural Flavor, Calcium Disodium EDTA Added To Protect Flavor

Chips & Tortillas

- **Chips, Chile-Lime:** Chips (White Corn, Water, Calcium Hydroxide, Propionic Acid, Phosphoric Acid, Dextrose, and Canola Oil (Canola Oil, TBHQ, and Citric Acid Added To Protect Flavor, Dimethyl-Polysiloxane, An Anti-Foaming Agent Added), Chile Lime Seasoning (Maltodextrin, Salt, Chili Powder, Citric Acid, Natural Flavor, Soybean Oil, Silicon Dioxide, Onion, Garlic, Yeast Extract)
- **Chips, Tortilla:** Chips (White Corn, Water, Calcium Hydroxide, Propionic Acid, Phosphoric Acid, Dextrose, Canola Oil (Canola Oil, TBHQ, and Citric Acid Added To Protect Flavor, Dimethyl-Polysiloxane, An Anti-Foaming Agent Added) and Salt
- **Tortilla, Corn:** 100% Stone-ground White Corn, Water and Lime
- **Tortilla, Flour:** Enriched Bleached Wheat Flour (Wheat Flour, Niacin Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Margarine [Interesterified Soybean Oil), Hydrogenated Cottonseed Oil, Mono and Diglycerides, Soy Lecithin, Sodium Benzoate, Artificial Flavor, Beta-Carotene (color), Vitamin A Palmitate], Contains 2% or less of the following: Salt, Yellow Prussiate of Soda, Sodium Silicoaluminate, Sugar, Yeast, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Citric Acid and BHT (antioxidants), Cellulose Gum, Guar Gum, Dough Conditioners (Fumaric Acid, Sodium Metabisulfite), Calcium Propionate and Sorbic Acid (to preserve freshness)
- **Tortilla, Whole Grain:** Whole Wheat Flour, Vegetable Shortening (Interesterified Soybean Oil, Partially Hydrogenated Soybean Oil), Brown Rice Flour, Oat Flour, Flaxseed. Contains 2% or less of the following: Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Cellulose Gum, Guar Gum, Distilled Monoglycerides, Enzymes, Calcium Carbonate, Antioxidants (Tocopherols, Ascorbic Acid, Citric Acid), Dough Conditioners (Fumaric Acid), Calcium Propionate and Sorbic Acid (to Preserve Freshness)

Other

- **Avocado Corn Salsa:** Fire Roasted Corn: Roasted Super Sweet Corn, Light Cholesterol Free Mayonnaise (Egg), Water, Chipotle Puree (Chipotle Chiles, Water), Liquid Butter Alternative (Liquid and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural And Artificial Flavor, Beta Carotene, TBHQ, Citric Acid, Dimethylpolysiloxane, Garlic Powder, Salt, Lime Juice Concentrate, and Ancho Powder. Grilled Veggies: Yellow Onion, Red Bell Pepper, Poblano Pepper, and Fajita sauce (Water, Soybean oil, Soy Sauce). Avocado, Lime Juice, Salt
- **Beans, Black (without cotija cheese):** Black Beans, Water, Salt, Garlic Salt (Salt, Garlic and 2% Calcium Stearate as an anti-caking agent), Black Pepper, Chopped Garlic, Vegetable Base (Maltodextrin, Salt, Hydrolyzed Soy Protein, Autolyzed Yeast Extract, Modified Corn Starch, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Spice, Less than 2% Each Silicon Dioxide and Partially Hydrogenated Soybean Oil as processing aids)
- **Beans, Pinto(without cotija cheese):** Pinto Beans, Water, Garlic Salt (Salt, Garlic and 2% Calcium Stearate as an anti-caking agent), Black Pepper and Salt

- **Brownie:** Sugar, Bleached Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Soybean Oil, Semi-Sweet Chocolate Chunks (Chocolate Liquor, Sugar, Dextrose, Soy Lecithin (Emulsifier) and Vanilla Extract), Whole Eggs, Water, Dark Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Butterfat, Soy Lecithin, Salt, and Vanillin (Artificial Flavoring), Margarine, (Soybean Oil and Hydrogenated Soybean Oils, Water, Salt, Mono Glycerides, Soy Lecithin, Sodium Benzoate (Preservative), Natural and Artificial Flavor, Artificially Colored with Beta Carotene, and Vitamin A Palmitate Added), Cocoa (Processed with Alkali) Natural and Artificial Flavoring, Buttermilk Powder, Soy Flour, Wheat Gluten, Corn Syrup Solids, Sodium Alginate, Salt, and Baking Powder, (Sodium Acid Phosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate). Processed in a Facility with Wheat, Eggs, Dairy, Soy, Nuts and Peanuts
- **Cabbage Blend:** Purple and Green Cabbage
- **Canola Oil:** Made from Canola oil. TBHQ And Citric Acid Added To Help Protect Flavor. Dimethylpolysiloxane, An Antifoaming Agent Added
- **Cheese, Cotija:** Pasteurized Milk, Salt, Culture, Enzymes, Cellulose, and Netamycin
- **Cheese, Jack and Cheddar Blend:** Monterey Jack Cheese (Pasteurized Part Skim Milk, Cheese Culture, Salt, Enzyme), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzyme, Annatto Color). May Contain One or More of the Following (Powered Cellulose, Potato Starch or Corn Starch (To Prevent Caking)
- **Cheese, Mozzarella, Jack and Cheddar Blend:** Mozzarella (Pasteurized Milk, Cheese Culture, Salt, Non-Animal Enzymes), Monterey Jack Cheese (Pasteurized Part Skim Milk, Cheese Culture, Salt, Enzyme), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzyme, Annatto Color). May Contain One or More of the Following (Powered Cellulose, Potato Starch or Corn Starch (To Prevent Caking)
- **Churro:** Wheat Starch, Water, Partially Hydrogenated Vegetable Shortening (Soybean and/or Cottonseed Oils), Yellow Corn flour, Sodium Caseinate, Eggs, Egg Whites, Egg Yolks, Salt, Cinnamon, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda) Guar Gum, Mono and Diglycerides Sugar, Propylene Glycol Mono and Diesters of Fatty Acids, Corn Starch, Artificial Flavor, Soy Lecithin and Canola Oil (TBHQ, and Citric Acid Added To Protect Flavor, Dimethyl-Polysiloxane, An Anti-Foaming Agent Added), D104 Sugar and Cinnamon
- **Cilantro/Onion:** Cilantro and Onion
- **Fire-Roasted Corn:** Fire Roasted Super Sweet Corn, Light Cholesterol Free Mayonnaise (Egg), Water, Chipotle Puree (Chipotle Chiles, Water), Liquid Butter Alternative (Liquid and Hydrogenated Soybean Oil, Salt, Soy Lecithin, Natural And Artificial Flavor, Beta Carotene, TBHQ, Citric Acid, Dimethylpolysiloxane, Garlic Powder, Salt, Lime Juice Concentrate, and Ancho Powder
- **Guacamole:** Avocados, Fresh Lime Juice, Garlic Salt (Salt, Garlic and 2% Calcium stearate as an anti-caking agent), and Minced Garlic
- **Jalapenos, Canned:** Jalapeno Peppers, Water, Vinegar, Carrots, Onions, Salt, Sugar and Spices

- **Rice:** Rice (Long Grain Rice Enriched with Iron Ferric Orthophosphate), Niacin, Thiamine (Thiamine Mononitrate) and Folic Acid), Water, Vegetable Base (Maltodextrin, Salt, Hydrolyzed Soy Protein, Autolyzed Yeast Extract, Modified Corn Starch, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Spice, Less than 2% Each Silicon Dioxide and Partially Hydrogenated Soybean Oil as Processing Aids), Tomato Puree (Tomato Concentrate Made From Red Ripe Tomatoes, Salt), Salt and Garlic Salt (Salt, Garlic and 2% Calcium Stearate as an anti-caking agent), Canola Oil: (TBHQ, and Citric Acid Added To Protect Flavor, Dimethyl-Polysiloxane, An Anti-Foaming Agent Added)
- **Soup, Chicken Tortilla Base:** Corn Maltodextrin, Natural Flavors, Salt, Yeast Extract, Spices, Cooked Chicken Fat, Onion Powder, Oleoresin Turmeric, Less than 2% Silicon Dioxide as Processing Aid
- **Sour Cream:** Cultured Pasteurized Milk and Cream, Whey, Sodium Phosphate, Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum, Modified Food Starch, Potassium Sorbet
- **Soybean Oil Cooking Spray / Pan Spray:** Liquid and Hydrogenated Soybean Oil, Soy Lecithin, Natural and Artificial Flavor, To Protect Flavor, Dimethylpolysiloxane, An Anti-Foaming Agent Added
- **Spring Mix:** Baby Lettuces (Lollo Rossa, Tango, Red and Green Oak, Red & Green Romaine, Red Leaf, Parella), Baby Greens (Tat-soi, Mizuna, Red and Green Chard, Frisee), Radicchio. Ingredients May Vary By Season
- **Veggies, Gourmet:** Portabella Mushrooms and Poblano Peppers (Canola Oil, Olive Oil, Soy Sauce, Garlic, Balsamic Vinegar and Sugar)
- **Veggies, Grilled:** Yellow Onion, Red Bell Pepper, Poblano Pepper, and Fajita sauce (Water, Soybean oil, Soy Sauce)